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Hi all

There are 5 things on today's news roundup:

1. Information from LOCSU regarding NHS Mail applications and access to free PPE for GOS Contractors **including confirmation that the requirement to complete the DSPT toolkit has been deferred until 31st March 2021** can be found [HERE](#)

 2. We have received the following tips regarding the online CET claim:
 - Make sure you have the right permissions ticked on PCSE online - "Performer GOS", not "Performer". The claim button will then be active.

 - There appear to have been cases where the CET grant has been deducted from the "average GOS payment". Do check your statements carefully.

 3. Updated cataract referral advice for those practitioners using Addenbrooke's' can be found [HERE](#)
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4. FODO's weekly news update can be found [HERE](#)

5. And finally... from Jane, the LOC Chair:

"There was an interesting post from Thursday's Optix forum about choroidal/chorioretinal folds found with the OCT which I must confess, wasn't something I was familiar with so I had a little google and found:

Choroidal folds appear as alternating light and dark bands within the posterior pole. Possible causes include: tumour, hypotony, inflammation (or idiopathic), neovascular membrane, retrobulbar mass, papilloedema and extraocular hardware. These can be remembered by the acronym **THIN RPE**. The treatment for choroidal folds is to treat the underlying condition, so correctly identifying the cause is critical. Unilateral cases are often more suspicious. If it's bilateral, the Ophthalmologist will possibly check thyroid function too. There can be idiopathic bilateral cases too.

THIN RPE:

T Tumour

H Hypotony

I Inflammation (or idiopathic)

N Neovascular membrane

R Retrobulbar mass

P Papilloedema

E Extraocular hardware."

I hope this is of interest to you all and wish you a good weekend.

Herts LOC

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