#### PROTOCOL

## FOR COMMUNITY OPTOMETRISTS FOLLOWING REFERRAL FROM SCHOOL VISION SCREENING BY ORTHOPTISTS

Children failing orthoptic school screening will be referred to an accredited Community Optometrist unless:

- Unable to perform crowded LogMAR test
- Visual acuity < 0.5 crowded LogMAR (< 6/19) in one or both eyes
- Manifest strabismus
- Other pathology

## **Initial referral to Accredited Community Optometrist**

The following will be performed at the child's first visit to the Community Optometrist:

- 1. Recheck unaided vision with crowded LogMAR with patch on either eye
- 2. Cycloplegic refraction 25 mins after instilling of proxymetacaine 0.5% & cyclopentolate 1%
- 3. Fundus examination
- 4. Prescribe glasses if appropriate
- 5. Inform Orthoptic Department of outcome:
  - Visions as measured by crowded LogMAR
  - Retinoscopy result
  - Fundal examination
  - Prescription dispensed
  - Outcome:
    - Discharge to GOS notify Orthoptics
    - o or Refer to Orthoptics
    - o or 6 week check
    - Please give final VAs in all cases.

### If visions meet standard 1\* discharge to GOS

If visions < 0.50 crowded LogMAR (< 6/19), strabismus or other pathology refer to VEH (prescribe glasses where required)

If visions between 0.150 and 0.50 crowded LogMAR (6/7.5-2 and 6/19) prescribe glasses and review in 6 weeks

#### At 6 week check

- Check compliance with glasses and fit
- Reassess acuity with glasses with crowded LogMAR

If acuity does not meet standard 1\* review further 6 weeks

If acuity meets standard 1\* arrange GOS 6 month review and inform Orthoptic Department of discharge from the scheme to GOS

### At 12 week review GOS examination

- Check compliance with glasses and fit
- Reassess acuity with glasses with crowded LogMAR

If acuity meets standard 1\* discharge to GOS – notify Orthoptics

If acuity meets standard 2\* arrange GOS - 3 month review

If acuity does not meet standard 2\* refer to Orthoptic Department

- Inform Orthoptic Department of outcome:
  - Discharge form back to Orthoptics
  - o or further 3 month check notify Orthoptics after the 3 month check
  - or refer to Orthoptics
  - Please give final VAs in all cases

## **PROTOCOL**

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\*standard 1 - VA = 0.150 crowded (6/7.5-2) in each eye

\*standard 2 – VA = 0.150 crowded (6.7.5-2) in best eye with vision up to one line difference in acuity between the eyes

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If the child is discharged to the GOS or if she/he is referred to the orthoptic department for further treatment, the completed form must be sent to:

The Orthoptic Department, Victoria Eye Unit County Hospital Union Walk Hereford HR1 2ER

This will ensure a full audit and assist in the maintaining the good relations we have with Herefordshire Ophthalmology.

Orthoptics/ LOC Oct 2010 Version 2: 19 Apr 2013

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